

# NSS RLAC: A JOURNEY OF SERVICE AND GROWTH



## RAM LAL ANAND COLLEGE NATIONAL SERVICE SCHEME

2023 - 2024

# PROGRAM OFFICER'S NOTE



**DR. ANURAG SHARMA**  
(NSS PROGRAM OFFICER)

I am happy to write this note for the compilation of the NSS journey at Ram Lal Anand College. The National Service Scheme initiative epitomizes the goals of our Institute to create social impact and helps us be the pride of all Indians. The opportunities provided by NSS to serve communities to tackle social problems, to focus of animal care, environment, waste, health, education enables our students to understand and contribute directly to society. NSS helps build character and train our students to be responsive and caring citizens. I wish all success to NSS in the future and hope we can excite and inspire many more students to touch people's lives. Through the NSS, we will be grooming the leaders of tomorrow and enhancing our contribution to society.

~ BEST WISHES



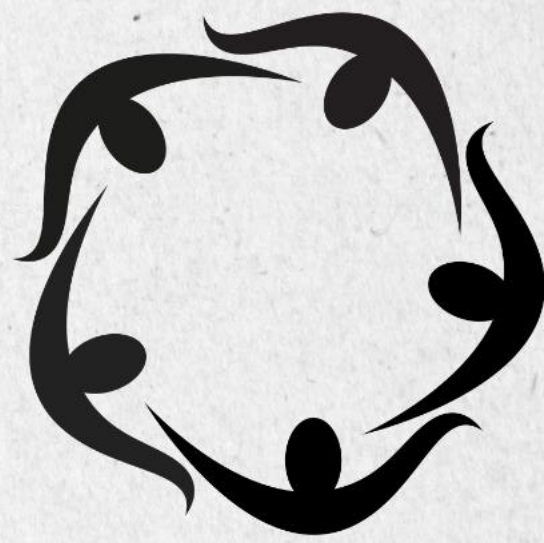
# NSS IS.....

**National Service Scheme NSS**, a scheme under the Ministry of Youth Affairs & Sports Govt. of India It was **launched in Gandhiji's Birth Centenary Year 1969**, in 37 Universities involving 40,000 students with primary focus on the development of personality of students through community service. It is an extension dimension to the higher education system to orient the student youth to community service while they are studying in colleges and other institutions





# MOTO OF NSS



**NOT ME BUT  
YOU**



# SYMBOL OF NSS

The NSS symbol is based on the rath of wheel of the Konark Sun Temple situated in Orissa. The navy blue colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind. The Red colour in the badge indicates that the

NSS volunteers are full of blood i.e. lively, active, energetic and full of high spirit. The giant wheels of the Sun Temple portray the cycle of creation, preservation and release, and signify the movement in life across time and space.





llll



“NSS  
MONTHLY  
ACTIVITIES”





**STOP  
AIDS**



# 5 KM - RED RUN



Ram Lal Anand College  
University of Delhi

**NATIONAL SERVICE SCHEME**

**5 KM RED RUN**

Organised by  
**DELHI STATE AIDS CONTROL SOCIETY**

DATE - 17 SEPTEMBER 2023  
TIME - 7 AM  
PLACE - **NETAJI SUBHASH UNIVERSITY OF TECHNOLOGY**

Dr. Anurag Sharma  
Programme Officer

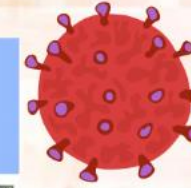
Harshdev Singh  
President

Prof. Rakesh Kumar Gupta  
Principal

NSS Ram Lal Anand College @NSS\_RLAC NSSRLAC



## GLIMPSES



## GLIMPSES



To raise awareness and make an impact on AIDS control, the Delhi State AIDS Control Society (DSACS), Government of NCT of Delhi, organized a 5 km Red Run as part of the Youth Festival on 17th September 2023. The event took place at Netaji Subhash University of Technology at 7 AM.

Around 70 male and 50 female NSS volunteers participated in the run. Among them, two volunteers from the NSS Unit of Ram Lal Anand College achieved top 10 positions and were honored with medals. Our female volunteer, Muskaan Mohindroo, secured the 6th position, while our male volunteer, Harshdev, came in 9th.

# NSS DAY



To celebrate the journey of selfless service, the National Service Scheme was launched on 24th September 1969 by Union Education Minister Shri V. K. R. V. Rao at 37 universities across India. The NSS motto, 'Not Me But You' embodies democratic living and the spirit of selflessness.

Continuing this legacy, the NSS Unit of Ram Lal Anand College organized two activities on NSS Day: Tree Plantation and Feeding Stray Animals. A total of 37 volunteers, including 22 females, actively participated from their homes, showing unwavering commitment to social welfare.



# UNIVERSITY CONNECT FINALE



Prime Minister Narendra Modi addressed the G20 University Connect Finale at Bharat Mandapam, New Delhi, on September 26. This initiative aimed to build understanding of India's G20 Presidency among the youth and enhance their involvement in various G20 events, engaging over 1 lakh students from universities across India.

The NSS Unit of Ram Lal Anand College, along with NCC cadets, actively participated in the event, with around 50 volunteers attending the grand finale. The program focused on 'India's Yuva Shakti,' providing a platform to learn about India's G20 Presidency and the key themes addressed during its tenure.

Ram Lal Anand College  
University of Delhi

National Cadet Corps  
&  
National Service Scheme

In collaboration with  
Gandhi Study Circle  
&  
Student Union

**EK TAREEKH EK GHANTA**  
(Cleanliness Drive)

1st October, 2023  
10:00 am - 11:00 am  
JJ Camp Shastri Market  
South Moti Bagh

Maj. (Prof.) Sanjay Kumar Sharma  
Associate NCC Officer

Dr. Anurag Sharma  
NSS Programme Officer

Prof. Pranleop Kumar Sharma  
Advisor, Student Union

Prof. SC Dubey  
Governor - ISC

Prof. Rakesh Kumar Gupta  
Principal

Akshiti Katoch  
Senior Under Officer NCC

Harshdeep Singh  
President NSS

Manavsi Bangarh  
President Student Union

Rishi Rai  
President CSC

# EK TAREEKH EK GHANTA

Certificate of Appreciation

This is to certify that

**RLA College, University of Delhi**

Has contributed in  
Shramdaan for Swachh Bharat  
On  
1st October, 2023, at 10 AM

A Swachh Bharat Mission Initiative

New Delhi, Delhi, India  
JJ Camp Shastri Market, South Campus, Anand Market, New Delhi  
110021, India  
Lat 28.9779857  
Long 77.0202777  
0110023 10:36 AM GMT+05:30

New Delhi, Delhi, India  
JJ Camp Shastri Market, South Campus, Anand Market, New Delhi  
110021, India  
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JJ Camp Shastri Market, South Campus, Anand Market, New Delhi  
110021, India  
Lat 28.9779857  
Long 77.0202777  
0110023 10:36 AM GMT+05:30

#swachchabharat

#Swasthabharat

#Sarvachchbharat

To honor Mahatma Gandhi's message of 'swachhta,' the NSS Unit of Ram Lal Anand College organized a Swachhta Drive 'Ek Tareekh Ek Ghanta' on 1st October 2023. In collaboration with the NCC cadets, Gandhi Study Circle, and the Student Union, around 60 volunteers dedicated an hour to clean JJ Colony in Moti Bagh.

They cleared plastic waste, disposed of trash, and improved the drainage system, spreading the spirit of 'Swachhta Hi Seva.' Ram Lal Anand College was also awarded a certificate for participating in the government's Shramdaan for Swachh Bharat initiative.

# FIT INDIA

Fitness is crucial for overall health, improving cardiovascular health, weight management, muscle strength, and reducing chronic disease risk. It also boosts mental well-being by reducing stress and enhancing mood, ultimately improving quality of life and lifespan.

## Glimpses



## Glimpses



On October 3, 2023, the NSS unit of Ram Lal Anand College hosted a 3 km plog run from the campus to Moti Bagh. With 88 volunteers, including 34 women, the event aimed to promote fitness and combat health issues like obesity and stress. Participants joined with enthusiasm, highlighting the importance of regular exercise for overall well-being.



## Poster Making Competition On Swachh Bharat



In line with Gandhi ji's belief that "Sanitation is more important than independence," **the NSS unit of Ram Lal Anand College held a poster making competition on October 2, 2023.** With 24 participants, including 11 women, both digital and handmade posters were submitted to promote cleanliness and challenge societal perceptions.



# MERI MATI MERA DESH

## DAY 1: RICE COLLECTION



Ram Lal Anand College  
University of Delhi

National Service Scheme  
In collaboration with  
National Cadet Corps

**MERI MAATI MERA DESH**  
from SOIL to SOUL

DAY 1 RICE COLLECTION	DAY 2 KALASH YATRA WITH RICE	DAY 3 AMRIT KALASH YATRA WITH RICE
9 October 2023	10 October 2023	13 October 2023
1:00-1:30 PM	3:00 PM onwards	10:00 AM onwards
NSS Room	College Campus to South Campus Pink Booth	Residence of Shri Anil Sharma (Ex-MLA), RK Puram

Kalash will be handed over to:  
Shri Anil Sharma (Ex-MLA), RK Puram

NSS RAM LAL ANAND COLLEGE @NSS\_RLAC NSSRLAC

Abhishek Bhatnagar Head of NSS, RAJESH KUMAR Associate NCC Officer, Dr. Anshu Sharma Programme Officer, Pooja Bhatnagar In-charge

## DAY 2: RALLY



## DAY 3: KALASH YATRA

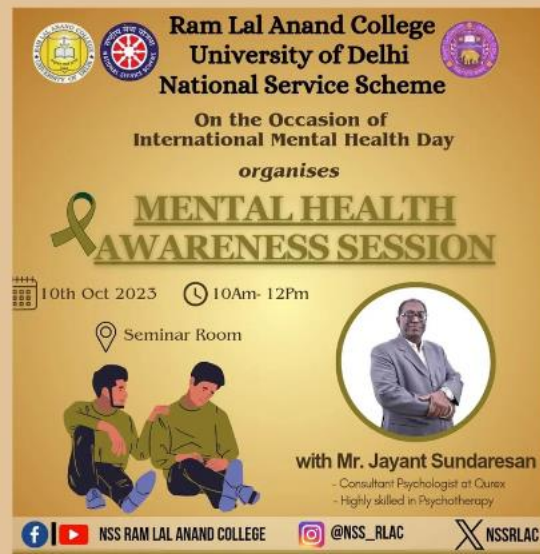


#savenature

Meri Mati Mera Desh' envisions a unified celebration of India's soil and valour ,commemorating the nation's journey of freedom and progress. This program instills a sense of national pride and inspire future generations to protect India's cherished heritage. To follow this motive NSS unit of RLA college organised a three day 'Kalash Yatra' to promote national unity and integrity. On 9th October, the volunteers were requested to submit a fistful of rice in NSS room. On 10th October, a rally was conducted by volunteers from college campus to South Campus Pink Police Booth. On 13th October, another rally was conducted from the college campus to Shri Anil Sharma's residence.

# Mental Health Awareness Session

On 10th October, on account of World Mental Health day, NSS RLAC organised a mental health awareness session in order to spread the message of good mental health. The speaker of the event was Mr Jayant Sundaresan, a well known psychologist.



Ram Lal Anand College  
University of Delhi  
National Service Scheme

On the Occasion of  
International Mental Health Day  
organises

**MENTAL HEALTH  
AWARENESS SESSION**

10th Oct 2023 10Am- 12Pm  
Seminar Room

with Mr. Jayant Sundaresan  
- Consultant Psychologist at Curex  
- Highly skilled in Psychotherapy

NSS RAM LAL ANAND COLLEGE @NSS\_RLAC NSSRLAC



# Education Camp

To be the change and bring about change, the NSS unit of Ram Lal Anand College organized an educational camp at JJ colony. From 16th to 20th of October, the Unit dedicatedly conducted an educational camp, providing a helping hand in building a foundation for the bright futures awaiting these young individuals.



# POLICE COMMEMORATION DAY



## Letter For Our Heroes

Esteemed Law Enforcement Officers,  
On the commemoration of Police Commemoration Day I extend my profound appreciation & admiration for your unwavering service & sacrificial commitment. Today, we honor the valiant individuals within the police force who have made the ultimate sacrifice in the course of their duty. Their selflessness serves as a poignant reminder of the perils confronted by police officers daily, as they strive to ensure the safety of our communities. These officers stand at the forefront of law enforcement, confronting some of the most formidable & hazardous circumstances imaginable. Their daily pledge to safeguard us from crime, terrorism & various threats underscores the extraordinary risks they willingly undertake. On this occasion, I implore to all citizens to take a moment to express gratitude to the police officers in their lives for their service & sacrifice.

उन अमर जवानों के नाम  
हमारे देश के उन महान वीरों के लिए मेरा ये लेख, हालाकि शब्दों में क्यों करना असंभव है, जो बलिदान जो उन वीरों ने हमारे देश के लिए किया, पर हमें याद रखना होगा, वो शौर्य जो वीरता जो हमारे भवान करते हैं इस देश के लिए।  
हम भारत के भिवासी खलनाश करते हैं, उनकी इस वीरता जो जो बिना एक क्षण सोचे अपने प्राणों का बलिदान कर देते हैं, केवल भारत अमों की रक्षा के लिए।  
मेरी संवेदनाएँ हैं उन माता पिता के लिए जिन्होंने अपना वेदा खोया। इस बच्चे के लिए जिसने अपने पिता को खोया, उस पत्नी के लिए जिसने अपने पति को खोया उस परिवार के लिए जिसने अपने घर के चिराग को खोया।  
मैं अपना आकर नमन देता हूँ उन वीरों जो जिन्होंने अपने प्राणों का बलिदान किया है।

## POLICE COMMEMORATION DAY 2023

THE POLICE DEPARTMENT  
DELHI, INDIA

20TH OCTOBER, 2023

SUBJECT : THANK YOU LETTER

RESPECTED SIR

I WANT TO EXPRESS MY HEARTFELT GRATITUDE TO ALL THE POLICE OFFICERS FOR BEING AVAILABLE FOR THE SAFETY AND SECURITY OF THE PUBLIC AT ALL TIMES. YOUR ROLE IN THE SOCIETY IS WORTH APPRECIATION. POLICE OFFICERS RISK THEIR LIVES TO PROTECT THE LIVES OR BELONGINGS OF PEOPLE. SUCH EFFORTS ARE COMMENDABLE AND DESERVES APPRECIATION. WE ARE BLESSED AND GRATEFUL TO BE UNDER THE SURVEILLANCE OF SUCH A COMMITTED POLICE OFFICER. A HUGE THANKS TO THE WHOLE POLICE DEPARTMENT.

On October 21, the NSS Unit of Ram Lal Anand College observed 'Police Commemoration Day' to honor the brave CRPF men who sacrificed their lives in 1959. To express gratitude, an activity called 'Handwritten Letters for Our Heroes' was organized, where 31 volunteers (including 20 women) acknowledged the efforts of police forces, NDRF, firefighters, and other protectors of our nation.

The heartfelt letters showcased the volunteers' high spirits in honoring those who safeguard our country





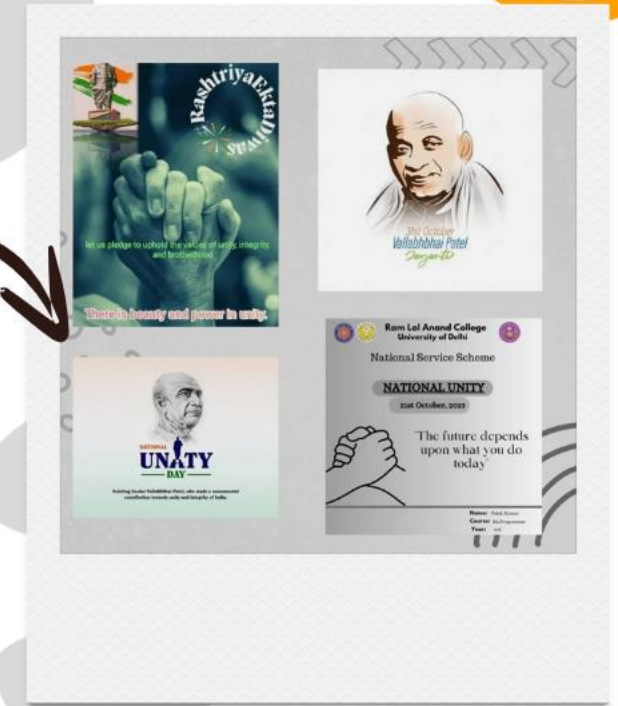
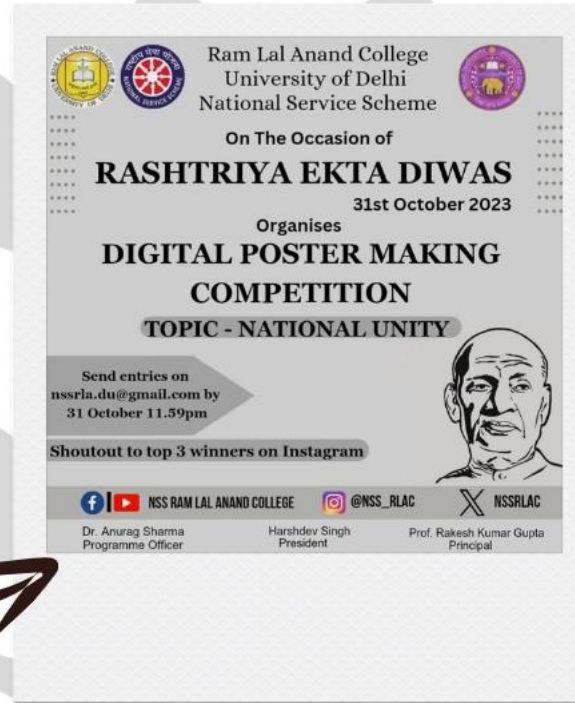
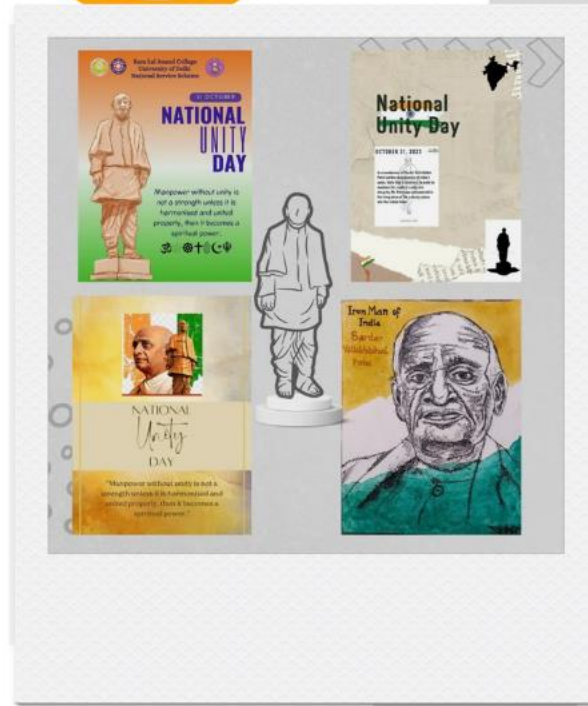
# KHADI MAHOTSAV



Khadi is not merely a 'Vastra' but a 'Vichar'" - a vision brought to life by the NSS Unit of Ram Lal Anand College on the occasion of Khadi Mahotsava. This national-level celebration, initiated by the Government of India, aims to help citizens understand the significance of Khadi.

On October 27, the Unit organized several events to promote the message of Khadi: Oath Taking Ceremony - 35 volunteers (20 female), Slogan Writing Competition - 40 participants (20 female) and Jingle Writing Competition - 13 participants (6 female)

# RASHTRIYA EKTA DIWAS



Greetings on Rashtriya Ekta Diwas, fostering unity and harmony. National Unity Day is celebrated to honor Sardar Vallabhbhai Patel, who played a crucial role in uniting India post-independence. It is a day to promote unity and integrity among all Indians.

To commemorate this day, the NSS Unit of Ram Lal Anand College organized a digital poster-making competition. The entries were submitted by October 31, 2023, with a total of 27 participants, including 18 female volunteers.

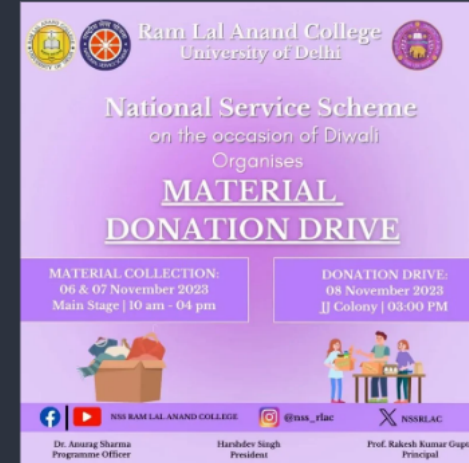
# MATERIAL DONATION DRIVE




Sharing enriches us all—it's the ultimate win-win!

During Diwali, NSS RLAC organized a 'Material Donation Drive' to spread joy and reduce waste. Over 60 students donated essentials like notebooks, clothes, and food, which 45 volunteers delivered to JJ Colony, Moti Bagh.

Grateful for the kindness and generosity of all who participated! Let's keep uplifting and empowering each other!



# Diwali Euphoria

Diwali, the festival of light over darkness, celebrates renewal and unity. To spread this festive cheer, NSS RLAC organized virtual activities embodying creativity and compassion. 

On 11th November, the Online Diwali Poster Making event featured 34 vibrant entries, showcasing the talents of 21 female participants. The donation drive on 12th November spread warmth, bringing joy to many in need. The Diya Painting and Rangoli Making event transformed spaces into colorful canvases, celebrating tradition and togetherness.

NSS brought two days of Diwali enchantment—crafting posters, lighting diyas, and sharing the festive spirit. 

## POSTER MAKING



## DIYA MAKING



## RANGOLI MAKING





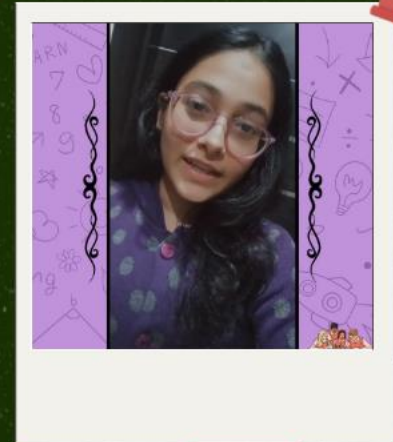
# INTERNATIONAL STUDENTS DAY



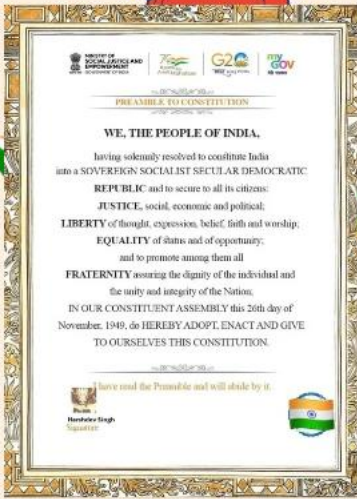
17th November marks 'International Students Day,' honoring 9 student protestors executed without trial in Prague in 1939. This day raises awareness of the challenges students face and expresses gratitude for their efforts. The theme for this year was 'FAIL: First Attempt In Learning.'

In support, the NSS Unit of Ram Lal Anand College organized an activity where volunteers recorded short videos, sharing their thoughts on the essence of being a student. They acknowledged the role of students in nation-building, echoing Nelson Mandela's words: "the youth of today are the leaders of tomorrow."

With 20 volunteers participating, including 12 females, the event successfully provided a platform for learning and reflection.



# CONSTITUTION DAY



The Constitution of India is the soul of our democracy, embodying the values of liberty, equality, and fraternity. **'Constitution Day,' or 'Samvidhan Divas,' celebrated on 26th November,** marks the adoption of this guiding document that provides us with principles for a life of freedom and equality. NSS RLAC **commemorated this day with a Pledge Taking Ceremony,** where President Harshdev Singh administered the pledge, followed by insights from Programme Officer Anurag Sharma on the significance of Constitution Day. The event featured 34 participants (19 female) who **expressed their views creatively through poems, songs, and speeches,** reflecting on the unity during the nation's freedom struggle and the pride of our Constitution makers. A total of 84 volunteers (49 female) attended, immersing in the deep reflections on the rights and freedoms the Constitution imparts.



# WORLD AIDS DAY



Ram Lal Anand College  
University of Delhi

National Service Scheme  
In Collaboration with  
Red Ribbon Society  
Supported by  
Delhi State AIDS Control Society  
on the occasion of  
**WORLD AIDS DAY**  
Organises  
**PAINTING COMPETITION**  
THEME- REMEMBER AND COMMIT.

Cash Prizes for Winners  
Winner- ₹1000  
Runner up - ₹700  
2nd Runner up - ₹500

01 December 2023  
12:00 - 02:00 PM  
Front Lawn

Scan to register

Open for all the students of RLAC

NIS RAM LAL ANAND COLLEGE @rlac\_rlac NSSRLAC

Dr. Anurag Sharma Programme Officer Harshdeep Singh President Prof. Rakesh Kumar Gupta Principal



Ram Lal Anand College  
University of Delhi

NATIONAL SERVICE SCHEME  
On the occasion of  
World AIDS Day  
organises  
**AWARENESS SEMINAR**  
Theme- Equalise: End the Stigma and Discrimination

29 November 2023  
1:00 - 3:00 P.M.  
PC 5

With Mr. Rohit Sarkar  
Program Manager at India HIV/AIDS Alliance

NIS RAM LAL ANAND COLLEGE @rlac\_rlac NSSRLAC




Dr. Anurag Sharma Programme Officer Harshdeep Singh President Prof. Rakesh Kumar Gupta Principal



The NSS Unit of Ram Lal Anand College held an AIDS awareness session with 121 students. Mr. Rohit Sarkar from India HIV/AIDS Alliance discussed the global impact and need to overcome stigma, concluding with a Q&A.

To fight AIDS stigma, the NSS Unit organized a painting competition on December 1, themed 'Remember and Commit,' where participants used art to express solidarity.

# INTERNATIONAL VOLUNTEER DAY



Ram Lal Anand College  
University of Delhi


National Service Scheme

**INTERNATIONAL VOLUNTEER DAY**

5th DECEMBER, 2023

THEME:- The power of collective action

EVENT: Volunteers to send past/present  
volunteerism photos on nssrla.du@gmail.com  
Deadline: Before 11:59 P.M

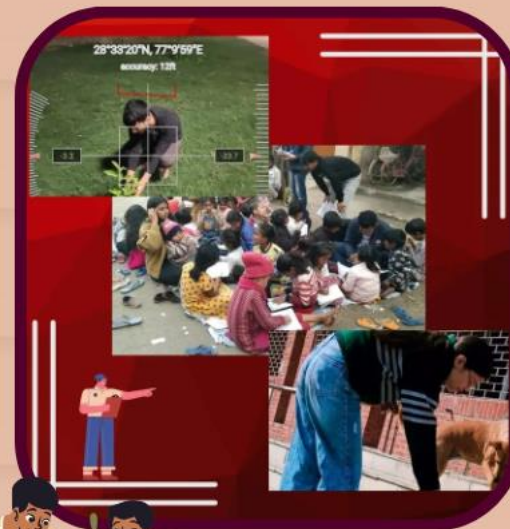


NSS RAM LAL ANAND COLLEGE @nss\_rlac NSSRLAC

Anurag Sharma  
In-charge Officer

Harshdev Singh  
President

Prof. Rakesh Kumar  
Prin



The NSS Unit of Ram Lal Anand College celebrated **International Volunteer Day** to honor selfless volunteerism. **Sixty-one volunteers, including 34 women**, shared pictures of their efforts in **activities like donations, educational camps, and cleanliness drives**. Small acts of service can bring a positive change to our community.






# ANTI - TOBACCO DRIVE




Substance abuse causes physical, emotional, and socio-economic harm, affecting individuals, society, and national progress. To address this, the NSS Unit of RLAC organized an activity under the 'Nasha MukT Bharat Abhiyaan.' Thirty-one volunteers, including 17 women, shared their thoughts through short videos on substance abuse.



Ram Lal Anand College  
University of Delhi

NATIONAL SERVICE SCHEME  
ON THE OCCASION OF  
**NATIONAL YOUTH DAY**  
12 JANUARY, 2024  
ORGANISES



**EVENT: ELOCUTION GROUP COMPETITION**

**THEME:** "IT'S ALL IN THE MIND"  
**TIME:** 6 PM  
**VENUE:** Google Meet

Dr. Anurag Sharma  
Programme Officer

Harshdev Singh  
President

Prof. Rakesh Kumar Gupta  
Principal

# NATIONAL YOUTH DAY




Ram Lal Anand College  
University of Delhi

NATIONAL SERVICE SCHEME  
*in collaboration with*  
RED RIBBON CLUB  
*organises*  
**REEL MAKING COMPETITION**  
*on the occasion of*  
**NATIONAL YOUTH DAY**

**THEME:**  
HIV/AIDS Awareness

**Reels can be made individually or in groups!**

*-Mail your entries at [nssrla.du@gmail.com](mailto:nssrla.du@gmail.com) by 19 January 2024*  
*-Winners will get a shout out on our official Instagram handle*

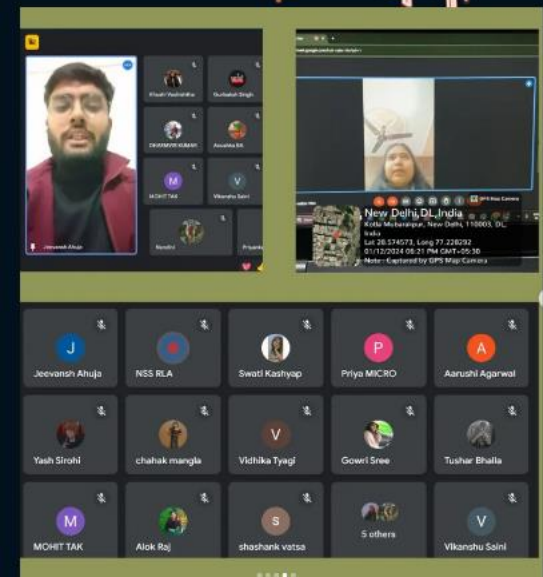
Dr. Anurag Sharma  
Programme Officer

Harshdev Singh  
President

Prof. Rakesh Kumar Gupta  
Principal

Educating ourselves and others is key. On National Youth Day, the NSS Unit of Ram Lal Anand College spread awareness about HIV/AIDS prevention, testing, and destigmatization through a Reel Making Competition. Twenty-six volunteers, including 15 women, created reels promoting inclusive healthcare and support for those affected by HIV/AIDS. These reels emphasized empathy and the importance of solidarity.

Additionally, an Elocution Competition was held with the theme "It's all in the mind." Two volunteers from each group spoke on topics like social media's impact and mental regulation. This event celebrated the vast potential of the mind, reminding us that change begins with the thoughts we express.



# PRE RD CAMP



The North Zone NSS Pre-Republic Day Camp took place from October 25 to November 3, 2023, at Manohar Memorial PG College, Haryana. Riddhima Shukla, a final-year volunteer, represented our unit, gaining new skills and embracing discipline through daily parade practices led by army personnel.

The camp featured 'prabhat feri,' workouts, cultural programs, and bonding activities with volunteers from different states, fostering unity and cultural appreciation. Riddhima's dedication and selfless service were truly inspiring



Ram Lal Anand College  
University of Delhi



NATIONAL SERVICE SCHEME

# NATIONAL GIRL CHILD DAY

CLOTH & SANITARY PAD DONATION DRIVE



**COLLECTION:**

22 & 23 January, 2024  
Main Stage | 10am-4pm

**DONATION:**

24 January, 2024  
JJ Colony | 3 pm



NSS RAM LAL ANAND COLLEGE



@nss\_rlac



NSSRLAC

Dr. Anurag Sharma  
Programme Officer

Harshdev Singh  
President

Prof. Rakesh Kumar Gupta  
Principal

## Material Collection Drive



## Donation Drive



# NATIONAL GIRL CHILD DAY

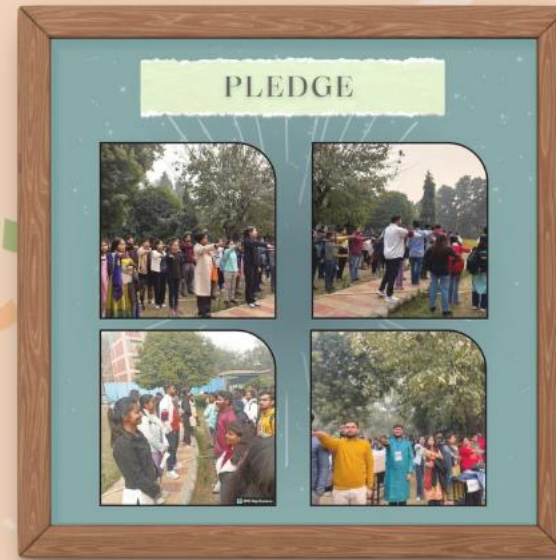


"When we give cheerfully and accept gratefully,  
everyone is blessed." - Maya Angelou

National Girl Child Day is observed on 24th January  
to raise awareness for girls' rights. To mark the  
occasion, the NSS Unit of Ram Lal Anand College  
organized a 'Cloth and Sanitary Napkin Donation  
Drive' to empower young girls.

A 3-day donation desk was set up on campus, where  
NSS and non-NSS members donated sanitary  
napkins, hygiene products, and clothes. The  
collected items were distributed in JJ Colony, South  
Moti Bagh on 24th January. The success of this  
drive was a testament to the students' collective  
compassion and empathy.

# 75TH REPUBLIC DAY



As we reflect on our nation's ideals of unity, diversity, and resilience, let the tricolor be a beacon of hope for a future where every Indian thrives. Let's honor our forefathers' sacrifices by upholding democracy, justice, and equality, driving us toward peace and prosperity.

The 75th Republic Day was celebrated with stirring speeches, traditional dances, and spirited poetry, organized by the Student Union and the Functions Committee. The flag hoisting by RLAC's NCC cadets instilled patriotism, followed by an inspiring speech from the Principal. The event concluded with the Voters' Day pledge led by the NSS Unit, emphasizing voters' rights, duties, and ethics.

# NYF 2024



The National Youth Festival 2024, themed 'Viksit Bharat @2047,' was held in Nashik, Maharashtra, from 12th to 16th January. Volunteers met Mr. Anurag Singh Thakur, witnessed cultural programs, and learned about wine production in Nashik. The event showcased India's unity and cultural richness.

The festival included cultural performances, folk arts, and a convention called 'Suvichar' on topics like farming and robotics. Harshdev Singh from the NSS Unit of Ram Lal Anand College took part in wall climbing, earning an A-grade certificate and placing in the top 20 out of 500 participants. The event emphasized sportsmanship and teamwork.

# STRAY ANIMAL FEEDING DRIVE

 **Ram Lal Anand College**  
University of Delhi

NATIONAL SERVICE SCHEME  
Organises

**STRAY ANIMAL FEEDING DRIVE**

**25th FEB, 2024**

Send the geo-tagged pictures by 11:59 pm at [nssrla.du@gmail.com](mailto:nssrla.du@gmail.com)

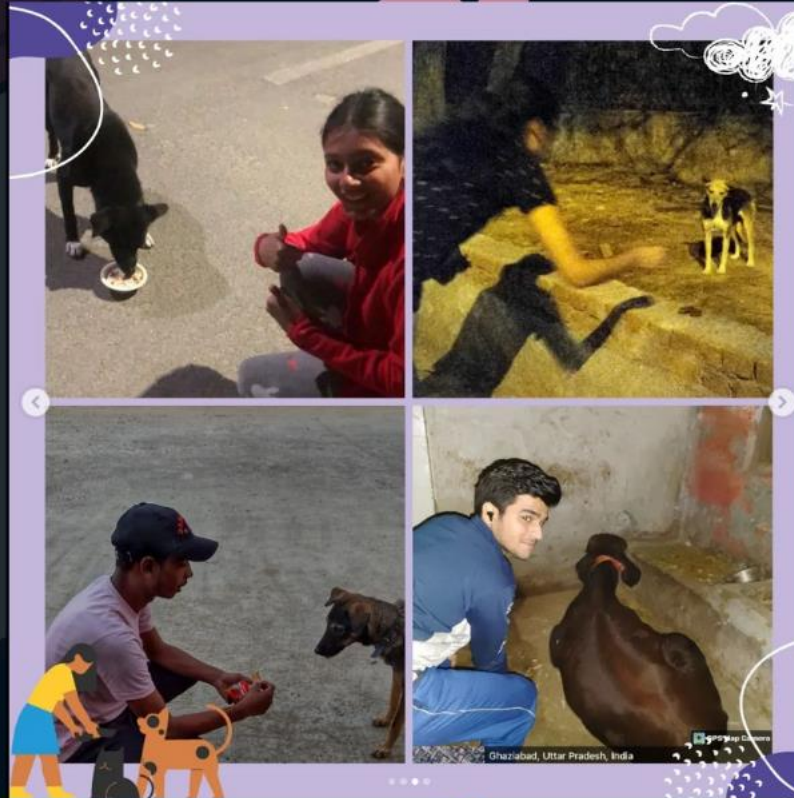


 NSS RAM LAL ANAND COLLEGE  @nss\_rlac  NSSRLAC

Dr. Anurag Sharma  
Programme Officer

Harshdev Singh  
President

Prof. Rakesh Kumar Gupta  
Principal



On February 25th, the NSS Unit of Ram Lal Anand College conducted a Stray Animal Feeding Drive to promote compassion and responsibility towards animals. 🐕 🌸

Twenty-nine volunteers, including 15 females, participated by feeding stray animals and capturing geo-tagged photos, reinforcing the NSS motto, 'Not Me But You.' 🐕 💜



# LYMPHATIC FILARIASIS AWARENESS DRIVE



**RAM LAL ANAND COLLEGE**  
**UNIVERSITY OF DELHI**

**NATIONAL SERVICE SCHEME**  
*Organises*  
**LYMPHATIC FILARIASIS**  
**AWARENESS DRIVE**

**DATES AND LOCATIONS**

- ✓ 4 MARCH : BASANT GAON
- ✓ 5 MARCH: SATYANIKETAN
- ✓ 6 MARCH: MOTI BAGH/JJ COLONY

🕒 3 P.M. TO 5 P.M






📺 NSS RAM LAL ANAND COLLEGE    @nss\_rlac    NSSRLAC

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President

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Principal

**Day 2 - Satya Niketan**




**DAY 1- BASANT GAON**



**Day 3 - JJ Colony**





To raise awareness about lymphatic filariasis, the NSS Unit of Ram Lal Anand College organized a 3-day awareness drive from March 4th to 6th, 2024. 🦋 🌱

Seventy-four volunteers, including 41 females, participated in this initiative, showcasing teamwork and dedication to serving the community and spreading vital health information. 🩺 ✨



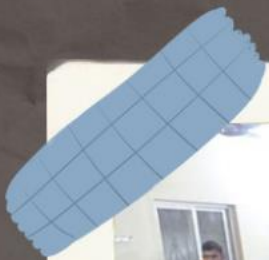
# NSS 7 DAY CAMP

## A Trip To Jaisalmer



The NSS unit of Ram Lal Anand College organized a 7-Day Camp from 2 February 2024 to 9 February 2024 in Jaisalmer. Our volunteers participated in a number of events including education camps, cleanliness drives at tourist places, education camps for differently abled children, and talked to the people and got to know about their culture and life.





Jaisalmer, Rajasthan, India  
+M6Q, Industrial Area, Gandhi Nagar, Jaisalmer  
937083°  
70.929197°  
03/02/24 10:16 AM GMT +05:30



# Sankalp'24



**Inauguration  
Ceremony**

The health check-up camp organized by Sankalp'24 was a commendable initiative focused on promoting preventive healthcare and fostering community well-being. These camps serve as vital platforms to educate people about the importance of regular health check-ups and early detection of diseases

**Health  
Check-up**



**Blood  
Donation Camp**

NSS RLAC, during Sankalp'24, organized a blood donation camp for all students and staff, aimed at fostering social responsibility and community welfare. Blood donation is a crucial act of service that saves lives, and through this camp, the institution provided an opportunity for participants to contribute to this noble cause.

**Day-1**



Inaugurations are where the dreams become Our dream of Sankalp'24 did turn into a reality as reality. we welcomed Smt. Vanita Sood, the hon'ble NSS Director. To escort her, the parade team did the guard of honour and marched past, showcasing their excellence and relentless efforts of the last 6-7 months. Following this, the chief guest met our esteemed principal sir.



**Ekagra**

**One goal, one mind, one vision. That's the Ekagra way. On the second day of the fest, the guest of the honour was welcomed by the parade team again with a guard of honour and a march past being accompanied by our programme officer, office bearers and fest heads.**

**At Sankalp'24, participants engaged in various activities designed to blend enjoyment with philanthropy. The event featured game stalls where every game played contributed to a charitable cause. For example, "Dice up" have involved participants.**



**Tarang**



**Nritya  
Tarangni**

**Energetic classical beats and contagious moves filled the air as performers immersed themselves in the spirit of Sankalp'24. Every dance performance was a testament to their passion and dedication. The audience wholeheartedly embraced the joy of classical dancing. It was a day etched in memories full of camaraderie and fulfillment.**

**Day-2**





# Seminar on Water Conservation



**UNDERSTANDING THE NEED FOR WATER CONSERVATION AWARENESS, NSS RLAC ORGANIZED A SEMINAR ON 8TH OF MARCH TO ADDRESS THE ISSUE AND DISCUSS MEASURES FOR CONSERVATION.**



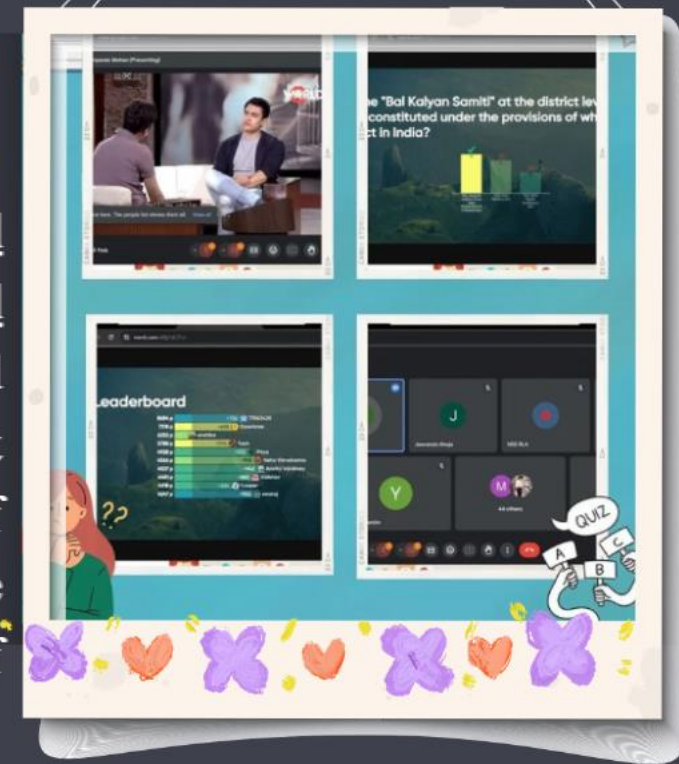
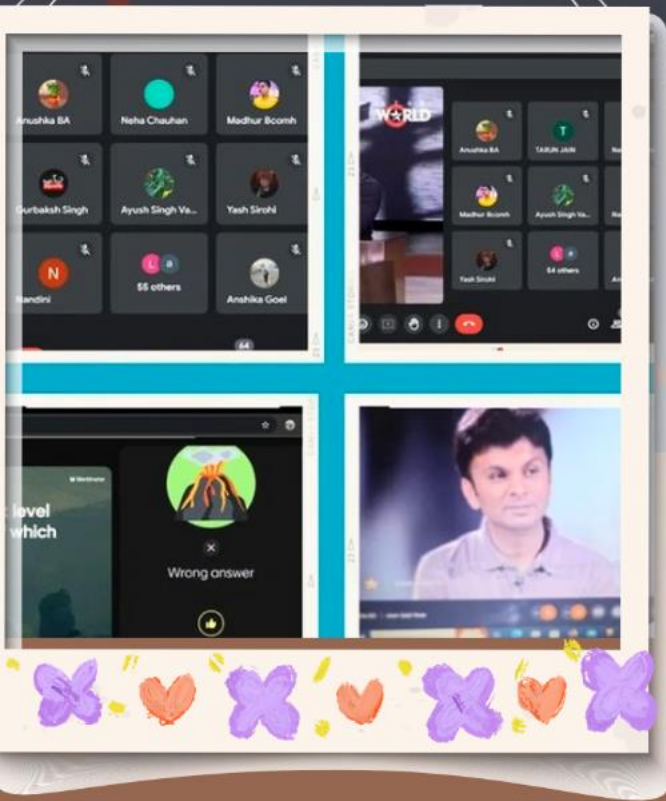
The informative session was by our guest speaker, Mr. Ram Kishor Singhal who has 32 years of experience at the Delhi Jal Board. A total of 98 volunteers (61 female) engaged in the session, contributing to ensure a good future. He highlighted activities that maximise water wastage, shared data and his experiences.



# Mentimeter

The NSS Unit of Ram Lal Anand College organized a quiz competition on 'POCSO Act and Child Protection' on March 27, 2024. The event commenced with an introduction and explanation of why the Act was enacted, accompanied by real-life instances of the victims. The quiz covered various aspects of the POCSO Act, judicial procedures, and nature of crimes.

A total of 89 volunteers participated in the quiz, with 46 male and 43 female. They displayed great enthusiasm and engaged actively, demonstrating strong support for ones affected by such heinous acts. Let us also stand together to protect our children and create a society where every child feels safe and secure





We, at the NSS Unit of Ram Lal Anand College, had the incredible opportunity to conduct a **10-day Educational Camp From 2nd to 12th April 2024.** With the aim to provide a nurturing and inspiring environment for the kids of **JJ Colony, Moti Bagh,** the camp was all about learning, growing. and dreaming big.



EDUCATION



CAMP



# NSS CORE TEAM 2023-2024

**The best way to find yourself is to lose  
yourself in the service of others.**

**– Mahatma Gandhi**